## **Exercise Night Heron in The Gambia**

A Joint Scientific Pilot Expedition between the Army Ornithological Society (AOS) and Makasutu Wildlife Trust (MWT) to Census the Water Birds and Aquatic Mammals and Reptiles of the River Gambia.

It was the intention to write a full scientific report based on the conclusions reached by Dr Linda Barnett and Mr Craig Emms of the MWT. As the conclusive results of the expedition have yet to be published, this report covers the aims and execution of the expedition. It is the intention to give a full reference to the final report in the next edition of the Osprey and direct the reader to contact the MWT direct should a copy of the final report be required.

## Background

The River Gambia is a major physical feature of The Gambia bisecting the country into north and south banks. Most of the Gambian stretch of the river is freshwater (355km) and lined with remnant patches of gallery forest, swamp forest, thickets, seasonal swamps, rice-fields and other agricultural crops. The remaining 200km of the river are saline and lined with mangrove forest. There are numerous islands in the river, the majority of which are in the freshwater stretches. These vary in size and in land-use, from being used entirely for rice growing and gardening, through to being covered in almost pristine gallery forest.

It is known that the river is home to a large proportion of the fauna of The Gambia including vulnerable populations of water birds, mammals and reptiles (e.g. White-backed Night Heron Gorsachius leuconotus, Egyptian Goose Alopochen aegyptiacus, Ferruginous Duck Aythya nyroca, White-fronted Plover Charadrius marginatus, African Skimmer Rynchops flavirostris, Shining Blue Kingfisher Alcedo quadribrachys, African Pied Wagtail Motacilla aguimp, Hippopotamus Hippopotamus amphibius, West African Manatee Trichechus senegalensis, African Clawless Otter Aonyx congica, and Nile Crocodile Crocodylus niloticus). The river itself is also used by resident water birds and Palaearctic birds when they return from Europe and spread through the African continent. The latter use the river as a stopping off point and feeding grounds on their journeys further east and south.

Makasutu Wildlife Trust raises funds through a membership scheme, donations, grants, and ecological consultancies. Its main aim is to protect the wild animals and wild habitats of The Gambia by working closely with government agencies and local communities. This is done through education, awareness raising and local and national projects, but also by conducting fundamental research, hands on conservation work and building a sustainable capacity in the Gambians themselves.

## Previous Records

Records from earlier this century indicate that immense rafts of Palaearctic waterfowl were seen on the River Gambia, but are now rarely encountered (1). Edberg (2) states that there were usually (in the dry season) enormous flocks of waterfowl, with **Garganey** *Anas querquedula* the most numerous species, although there were also **Northern Pintail** *Anas acuta*, **Knob-billed Duck** *Sarkidiornis melanotos* and **Spur-winged Goose** *Plectropterus gambensis*, etc.

A number of important wetlands areas have been identified in the saline part of the River Gambia, including Tanbi Wetlands Complex, Bao Bolon Wetlands Reserve and Kiang West National Park. Inventory lists exist for these areas but little census work has been attempted.

The African Waterbird Census (AWC) carried out in The Gambia from 1998-2001 is limited to nine sites along the river. However the limited results from this survey indicate that the river still has the potential to hold large populations of waterbirds, as over 3,225 birds of 38 species were counted during the 1998 census (3). These included 1,700 **White-faced Whistling Duck** *Dendrocygna viduata* and 13 **African Fish Eagles** *Haliaeetus vocifer*. One wetland site of potential importance in West Africa was identified by the AWC (this was the 15km stretch of river between Deer Island and Kuntaur).

There have been no surveys undertaken of aquatic mammals or reptiles along the river, though there are known to be populations of Hippopotamus, West African Manatee, African Clawless Otter, Nile Crocodile and Nile Monitor *Varanus niloticus* present.

Summarising, there existed very limited up to date information on the distribution and abundance of waterfowl and aquatic mammals and reptiles for the River Gambia. The majority of records are from earlier this century and focus on wetland areas adjacent to the brackish parts of the river. The fauna that utilises the River Gambia, particularly the freshwater stretches, has never been systematically and completely surveyed and only partial data sets are available for the birds.

The Gambia has committed itself to the wise use of its environment and natural resources. It has developed an Environmental Action Plan, produced a State of the Environment Report and has prepared a National Biodiversity Strategy and Action Plan (NBSAP). The Gambia is also a signatory to numerous international conventions including CITES, Ramsar, CMS and the Convention on Biological Diversity. However, the fauna of The Gambia is still little known, with the possible exception of the birds in some well-watched areas. The NBSAP recognises that base-line data on many species and habitats is poor at best, and non-existent in many cases. Base-line data needs to be acquired before detailed measures can be taken to protect specific species and habitats.

### Aims of the Expedition

The aims of the expedition were constrained by time and the understanding that only a pilot study could be achieved in the time available but providing the basis on which future studies would be planned. It was agreed that the expedition should attempt:

- To collect data on the distribution and abundance of waterbirds, aquatic mammals and reptiles in the freshwater stretch of the River Gambia.
- To identify additional areas of national and international importance.
- To establish a working collaboration between the Army Ornithological Society (AOS) and a local NGO, Makasutu Wildlife Trust (MWT).

## Expedition Study Area, Period and Field Work

The study area was a 445km stretch of the River Gambia, from Tendaba in the Lower River Division, to its entry into The Gambia from Senegal, in the Upper River Division. This encompasses all of the freshwater stretch of the river, and a significant part of the saline stretch.

The river from Banjul to Tendaba was deemed unsuitable for the expedition requirements for several reasons: the river is several miles wide and can be very rough; the margins of the river are very shallow and extend into the river for long distances, making an approach to the shore to view wildlife impossible. It would have also been impossible to cover both banks of the river in the short time available. From Tendaba eastwards, the river progressively narrows and it is possible to get quite close to the banks, although ideal conditions do not really appear until the vicinity of Elephant Island is reached. The study period took place over 11 days in early March 2003. This period is ideal because it is near the end of the dry season, when water levels are towards their lowest, thus facilitating the search for fauna, and exposing more mud banks. It also falls within the return spring passage through The Gambia of Palaearctic migrant waterbirds.

The team of ornithologists from the AOS, were lead by Mr Craig Emms and Dr Linda Barnett from MWT, both English and professional ecologists who have been resident in The Gambia since 1999. For the first three years they were technical assistants with the government Department of Parks and Wildlife Management, doing everything from wildlife research and the training of protected area staff, to bringing up orphaned and injured animals and removing troublesome snakes from people's homes. From 2002 they have been unwaged technical assistants with a Gambian NGO, Makasutu Wildlife Trust, where Craig is the Executive Director and Linda the Research Director.

The majority of the fieldwork was boat based and the team undertook counts as they travelled from Tendaba to the Senegalese border. The boat chosen was from Lamin Lodge. It was a large wooden pirogue that had overnight facilities for 15 passengers consisting of a common tent on the sundeck, mattresses, mosquito nets and blankets. There was no shower but there was a toilet, which occasionally flushed, and a small cabin for basic hygienic needs. Two dinghies, with outboard engines and paddles accompanied the boat. The crew consisted of a captain, 2 seamen, 1 cook and 1 barkeeper/steward, with a pilot taken on for the upper reaches. The boat was too large to get past Fatoto, so the dinghies had to be used to reach the border, which became a 3-4 hour journey. Food was provided in a buffet-style with ice, drinks and fresh food re-supplied to the boat every 3-4 days along the route. A one-night stay was taken at Bird Safari Camp on MacCarthy Island approximately half way through the expedition. This allowed the expedition members to have a break, a shower and laundry, as well as the opportunity for some land-based birdwatching.

#### **Expedition Activities**

The expedition divided the River Gambia into short sections. For each section, every bird and animal seen was identified and recorded, from Tendaba to Fatoto and on to the Senegalese border. Work lasted from just after sunrise to just before sunset each day with a short break at midday to conduct land-based birding. For most of the river both sides were recorded and where islands made passage difficult, the smaller craft were launched to cover 'blind spots' and bulongs. Two non-observing recorders ensured that 'calls' were documented immediately.

The first half of the survey took 5 days, from Tendaba to MacCarthy Island. Over 1,000 **Black Kites** *Milvus migrans* were recorded at the end of the first day flying to a roost close to Bambatenda where the Farafenni ferry crosses the river. The change from saline to 'fresh' water brought an end to monotonous green mangrove and replaced it with phragmites and eventually gallery forest. For the sections including Baboon Islands,

Ebrahima Boiro, the environmental education officer for the Chimpanzee Rehabilitation Project and Mawdo Jallow, a Wildlife Department Ranger joined the expedition to guide us through the smaller islands. Here, mammal sightings were plentiful including **African Clawless Otters** *Aonyx congica*, **Marsh Mongoose** *Atilax paludinosus* and many monkeys including surprisingly high numbers of **Western Red Colobus** *Colobus badius*. Although 31 of the 43 hippopotamus seen were recorded in this region, the numbers are questionably self-sustaining. Similarly, very low numbers of crocodiles brought speculation that the river's population will become locally extinct in the near future.

From MacCarthy Island the overhanging gallery forest gives way to more open savanna and the Sahel wind brings midday temperatures up to 50°C. Very few birders have covered the river east of Janjanbureh although these sections are easier to monitor. They are also the most densely populated by birds and highlights come regularly. New nesting colonies of **Red-throated Bee-eaters** *Merops bulocki* were discovered as well as huge flocks of **Northern Carmine Bee-eaters** *Merops nubicus* on the edges of stubble burns in the fields. Basse quayside produced a sole, very late (17 Mar 03) **Egyptian Plover** *Pluvianus aegyptius*. At this point, the sightings of **African Finfoot** *Podica senegalensis* had reached 10 – an extraordinary number for a most elusive bird.

**Western Baboon** *Papio papio* troops replaced **Callithrix** *Cecrcopithecus aethiops sabaeus* and Western Red Colobus troops, and **Egyptian Mongoose** *Herpestes ichneumon* sightings were enhanced by the first recorded sightings in The Gambia of small groups of **Banded Mongooses** *Mungos mungo* anywhere other than in the Lower River Division. Good views of a **Spotted Hyena** *Crocuta crocuta*, which followed the boat, were shared with an excited band of 50+ baboons.

Snakes and other reptiles less for crocodiles and monitors, were less easy to find although the number of **Black Cobras** *Naja melanoleuca* and **Spitting Cobras** *Naja nigricollis* increased eastwards. Early misidentification of the latter with a harmless **Smyth's Water Snake** *Graya smythii* nearly cost the expedition dear.

Recovery from Fatoto was by minibus as the return journey by river at top speed would have take 3 days. A considerable number of birds were seen outside the parameters of the survey and are not recorded in this report. Hilary Nash's diary published in the AOS Bulletin 2003 however, gives a daily round-up of the more interesting birds seen each day (4).

## Conclusion

Without wishing to pre-empt the final report by Emms and Barnett, the following factual data is available on the expedition:

Number of participants: 12 from AOS, 2 from MWT

Lt Col Roger and Miss Laura Dickey SSgt (now WOII) Richard Seargent SSgt (now WOII) Mark Easterbrook Brigadier (Retd) Rodney and Miss Sophie Walker Maj (Retd) Hilary Nash Capt (Retd) Bob and Mrs Val Brooks Mr Geoff McMullen Mr Dave Pentelow Mrs Flip Bruce-Lockhart

Mr Craig Emms
Dr Linda Barnett

Number of days recording: 11

Length of river recorded (the length of the river along which the expedition travelled): 456km.

Length of riverbank recorded (the combined length of all banks recorded, including islands): 789.5km.

Number of bird species recorded (only on the counts): 221

Number of individual birds recorded: 49,647

Highlights of bird counts: Little Bittern Ixobrychus minutus (1); Goliath Heron Ardea goliath (18); White-faced Whistling Duck Dendrocygna viduata (1,451); Garganey Anas querquedula (22); Black Kite Milvus migrans (1,027); African Fish Eagle Haliaeetus vocifer (79); Palm-nut Vulture Gypohierax angolensis (118); Eurasian Marsh Harrier Circus aeruginosus (67); Martial Eagle Polemaetus bellicosus (7); African Finfoot Podica senegalensis (9 and 1 off the count); Egyptian Plover Pluvianus aegyptius (1); Spurwinged Plover Vanellus spinosus (1,710); European Turtle Dove Streptopelia turtur (2,269); Marsh Owl Asio capensis (1); Giant Kingfisher Megaceryle maxima (6); Redthroated Bee-eater Merops bulocki (635); Hairy-breasted Barbet Tricholaema hirsuta (9); Golden-tailed Woodpecker Campethera abingoni (1); Sand Martin Riparia riparia (1,198); Barn Swallow Hirundo rustica (1,118); Square-tailed Drongo Dicrurus ludwigii (4); Zebra Waxbill Amandava subflava (2).

Number of mammal species recorded: 13

Number of individual mammals recorded: 1262-1267

Highlights of mammal counts: **Monkeys sp** (1,183-1,188, including 563 **Western Red Colobus** *Colobus badius*); **Yellow-winged B**at (2); **Squirrels sp**(17); **African Clawless Otter** *Aonyx congica* (3); **Mongooses sp** (11); **Spotted Hyena** *Crocuta crocuta* (1) and **Hippopotamus** *Hippopotamus amphibius* (46 max.)

Number of reptile species recorded: 5

Number of individual reptiles recorded: 52

Highlights of reptile counts: **Nile Crocodile** *Crocodylus niloticus* (3) **African Slender-snouted Crocodile** *Crocodylus cataphractus* (possibly 1); **Snakes sp** (19); **Freshwater Turtles sp** (15); **Nile Monitor** *Varanus niloticus* (13).

A full list of bird species identified on the Survey is attached.

## Acknowledgments

The expedition was given full approval by His Excellency the President of the Gambia and His Excellency, the British High Commissioner to The Gambia. Support was authorised by Col Jatta, Chief of Staff of the Gambian National Army (GNA) and given by Lt Col Badjie, our Liaison Officer Capt Jah, and our ever smart and cheerful driver Private Sulayman Trawally. To the boat Captain Arfang Saho and crew, Geri and Maurice of the Safari Garden Hotel and Lamin Jabbi of the Bird Safari Camp, our thanks for making a hot and hectic survey easier.

#### References

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- 2. Edberg, E. (1979) A Naturalist's Guide to The Gambia. J.G. Sanders, St. Anne, UK.
- 3. Dodman, T., Beibro, H.Y., Hubert, E. and Williams, E. (1999) *African Waterbird Census 1998*. Wetlands International, Dakar, Senegal.
- 4. Nash, RH. *Exercise Night Heron AOS Expedition to The Gambia 7 21 March 2003.* Army Ornithological Society Bulletin 2003.

# **Bird Species List for Exercise Night Heron 2003 Sections 1-39 Counts**

Long-tailed Cormorant

African Darter

Great White Pelican Pink-backed Pelican

Little Bittern

Black-crowned Night Heron

Squacco Heron Cattle Egret Striated Heron Black Egret

Western Reef Heron

Little Egret

**Great White Egret** Purple Heron Grey Heron

Black-headed Heron

Goliath Heron Hamerkop

Yellow-billed Stork Marabou Stork Glossy Ibis

Hadada Ibis Sacred Ibis

European Spoonbill

White-faced Whistling Duck

**Egyptian Goose** Spur-winged Goose **Knob-billed Duck** Garganey

Black-shouldered Kite

Black Kite

African Fish Eagle Palm-nut Vulture Egyptian Vulture Hooded Vulture

White-backed Vulture Lappet-faced Vulture White-headed Vulture Short-toed Eagle Brown Snake Eagle

Western Banded Snake Eagle

African Harrier-hawk Pallid Harrier Montagu's Harrier Eurasian Marsh Harrier Gabar Goshawk

Dark Chanting Goshawk

Shikra

Lizard Buzzard

Tawny Eagle

Phalacrocorax africanus

Anhinga rufa

Pelecanus onocrotalus Pelecanus rufescens Ixobrychus minutus Nycticorax nycticorax Ardeola ralloides Bubulcus ibis Butorides striatus Egretta ardesiaca

Egretta gularis Egretta garzetta Egretta alba Ardea pururea Ardea cinerea

Ardea melanocephala

Ardea goliath Scopus umbretta Mycteria ibis

Leptoptilos crumeniferus Plegadis falcinellus Bostrychia hagedash Threskiornis aethiopicus Platalea leucorodia Dendrocygna viduata Alopochen aegyptiacus Plectropterus gambensis Sarkidiornis melanotos

Anas querquedula Elanus caeruleus Milvus migrans Haliaeetus vocifer Gypohierax angolensis Neophron percnopterus Necrosyrtes monachus

Gyps africanus

Torgos tracheliotus Trigonoceps occipitalis Circaetus gallicus Circaetus cinereus Circaetus cinerascens Polyboroides typus Circus macrourus Circus pygargus Circus aeruginosus Micronisus gabar Melierax metabates

Kaupifalco monogrammicus

Aquila rapax

Accipiter badius

Wahlberg's Eagle African Hawk Eagle **Booted Eagle** Long-crested Eagle Martial Eagle

Osprey **Grey Kestrel** Red-necked Falcon Stone Partridge

Double-spurred Francolin Helmeted Guineafowl

**Black Crake** Common Moorhen African Finfoot African Jacana

Greater Painted-snipe Black-winged Stilt Senegal Thick-knee **Eygptian Plover** Little Ringed Plover

**Grey Plover** Wattled Plover Spur-winged Plover

Ruff

Bar-tailed Godwit

Whimbrel

Royal Tern

Sandwich Tern

Spotted Redshank Common Redshank Common Greenshank Wood Sandpiper Common Sandpiper Ruddy Turnstone Grey-headed Gull Gull-billed Tern Caspian Tern

Whiskered Tern White-winged Black Tern African Green Pigeon

Black-billed Wood Dove Namaqua Dove Speckled Pigeon Red-eyed Dove

African Mourning Dove

Vinaceous Dove **European Turtle Dove** 

Laughing Dove Senegal Parrot

Rose-ringed Parakeet

Green Turaco Violet Turaco

Western Grey Plantain-eater

Aquila wahlbergi

Hieraaetus spilogaster Hieraaetus pennatus Lophaetus occipitalus Polemaetus bellicosus Pandion haliaetus

Falco ardosiaceus Falco chicquera Ptilopachus petrosus

Francolinus bicalcaratus Numida meleagris Amaurornis flavirostris Gallinula chloropus Podica senegalensis Actophilornis africanus Rostratula benghalensis Himantopus himantopus Burhinus senegalensis

Pluvianus aegyptius

Charadrius dubius Pluvialis squatarola Vanellus senegallus Vanellus spinosus Philomachus pugnax Limosa lapponica Numenius phaeopus Tringa erythropus Tringa totanus Tringa nebularia Tringa glareola Actitis hypoleucos Arenaria interpres Larus cirrocephalus Sterna nilotica

Sterna caspia Sterna maxima Sterna sandivicensis Chlidonias hybridus Chlidonias leucopterus

Treron calva Turtur abyssinicus Oena capensis Columba guinea

Streptopelia semitorquata Streptopelia decipiens Streptopelia vinacea Streptopelia turtur

Streptopelia senegalensis Poicephalus senegalus Psittacula krameri Tauraco persa Musophaga violacea

Crinifer piscator

**Great Spotted Cuckoo** 

Senegal Coucal

Northern White-faced Owl Verreaux's Eagle Owl Pearl-spotted Owlet

Marsh Owl

Long-tailed Nightjar Mottled Spinetail African Palm Swift

Pallid Swift Common swift White-rumped Swift

Little Swift

Blue-breasted Kingfisher Woodland Kingfisher Striped Kingfisher Malachite Kingfisher Giant Kingfisher Pied Kingfisher Little Bee-eater

Swallow-tailed Bee-eater Red-throated Bee-eater White-throated Bee-eater Little Green Bee-eater Blue-cheeked Bee-eater European Bee-eater

Northern Carmine Bee-eater Rufous-crowned Roller Blue-bellied Roller Abyssinian Roller European Roller

Broad-billed Roller Green Wood Hoopoe Black Wood Hoopoe

Hoopoe

Red-billed Hornbill
African Grey Hornbill

Hairy-breasted Barbet Vieillot's Barbet Bearded Barbet

Greater Honeyguide
Fine-spotted Woodpecker
Golden-tailed Woodpecker
Cardinal Woodpecker
Grey Woodpecker

Sand Martin
Mosque Swallow
Red-rumped Swallow
Red-chested Swallow

Common House Martin

Yellow Wagtail

Barn Swallow

Yellow-throated Laeflove

Clamator glandarius

Centropus senegalensis

Ptilopsis leucotis Bubo lacteus

Glaucidium perlatum

Asio capensis

Caprimulgus climacurus Telacanthura ussheri Cypsiurus parvus Apus pallidus Apus apus Apus caffer

Apus affinis
Halcyon malimbica
Halcyon senegalensis
Halcyon chelicuti
Alcedo cristata
Megaceryle maxima

Cerle rudis
Merops pusillus
Merops hirundineus
Merops bullocki
Merops albicollis
Merops orientalis
Merops persicus
Merops apiaster
Merops nubicus
Coracias naevia
Coracias cyanogaster

Coracias cyanogaster
Coracias abyssiniica
Coracias garrulus
Eurystomus glaucurus
Phoeniculus purpureus
Rhinopomastus aterrimus

Upupa epops

Tockus erythrorhynchus

Tockus nasutus
Tricholaema hirsuta
Lybius vieilloti
Lybius dubius
Indicator indicator

Campethera punctuligera Campethera abingoni Dendropicos fuscescens Mesopicos goertae

Riparia riparia

Hirundo senegalensis Hirundo daurica Hirundo lucida Hirundo rustica Delichon urbica Motacilla flava

Chlorocichla flavicollis

Common Bulbul

White-crowned Robin-chat Northern Anteater Chat White-fronted Black Chat

African Thrush
Sedge Warbler
Great Reed Warbler
Greater Swamp Warbler
Olivaceous Warbler

**Grey-backed Camaroptera** 

Oriole Warbler
Subalpine Warbler

Northern Black Flycatcher

Swamp Flycatcher Common Wattle-eye

African Paradise Flycatcher

Brown Babbler
Blackcap Babbler
Mousbrown Sunbird
Collared Sunbird
Pygmy Sunbird

Scarlet-chested Sunbird

Variable Sunbird
Splendid Sunbird
Beautiful Sunbird
African Golden Oriole
Northern Puffback

Yellow-crowned Gonolek Grey-headed Bush Shrike White-crested Helmet Shrike

Square-tailed Drongo Fork-tailed Drongo Black Magpie Pied Crow

Purple Glossy Starling

Bronze-tailed Glossy Starling Greater Blue-eared Glossy Starling Lesser Blue-eared Glossy Starling

Long-tailed Glossy Starling Yellow-billed Oxpecker Grey-headed Sparrow White-billed Buffalo-weaver

Little Weaver Village Weaver

Yellow-backed Weaver

Red-billed Quelea Northern Red Bishop Red-winged Pytilia Green-winged Pytilia Red-billed Firefinch

Red-cheeked Cordon-bleu

Lavender Waxbill Black-rumped Waxbill

Pycnonotus barbatus Cossypha albicapilla Myrmecocichla aethiops

Myrmecocichla albifrons

Turdus pelios

Acrocephalus schoenobaenus Acrocephalus arundinaceus Acrocephalus rufescens

Hippolais Pallida

Camaroptera brachyura Hypergerus atriceps Sylvia cantillans

Melaenornis edolioides
Muscicapa aquatica
Platysteira cyanea
Terpsiphone viridis
Turdoides plebejus
Turdoides reinwardtii
Anthreptes gabonicus
Anthreptes collaris
Anthreptes platurus
Nectarinia senegalensis
Nectarinia venusta
Nectarinia coccinigaster
Nectarinia pulchella

Oriolus auratus
Dryoscopus gambensis
Laniarius barbarus
Malaconotus blanchoti
Prionops plumatus
Dicrurus ludwigii
Dicrurus adsimilis
Ptilostomus afer

Corvus albus

Lamprotornis purpureus Lamprotornis chalcurus Lamprotornis chalybaeus Lamprotornis chloropterus Lamprotornis caudatus Buphagus africanus Passer griseus

Bubalornis albirostris Ploceus luteolus Ploceus cucullatus Ploceus melanocephalus

Quelea quelea

Euplectes franciscanus Pytilia phoenicoptera

Pytilia melba

Lagonosticta senegala Uraeginthus bengalus Estrilda caerulescens Estrilda troglodytes Zebra Waxbill
Cut-throat Finch
Amadina fasciata
Village Indigobird
Vin-tailed Whydah
Exclamatory Paradise Whydah
Yellow-fronted Canary
Cinnamon-breasted Bunting

Amandava subflava
Amadina fasciata
Vidua chalybeata
Vidua macroura
Vidua interjecta
Serinus mozambicus
Emberiza tahapisi